

Junior Lessons - Having studied long term athlete development and early specialization at university combined with the fact that Greg has spent extensive amounts of time with world leaders in junior development positions him in a place to deliver first class junior golf lessons.

Greg Brodie golf in association with JOLF offers an innovative coaching programme for children of all ages. It is the most up-to-date programme of its kind, providing children with a great learning experience in a supportive environment, in which their needs are the main priority.

JOLF includes more than other available golf coaching programmes and helps junior golfers achieve a much broader range of skills, attitudes and knowledge. In addition to coaching GOLF SKILLS, JOLF promotes children's development in MOVEMENT and MINDSET SKILLS. This means that as well as learning the strategies and skills of golf, children learn important movement and sport skills like balancing, landing, striking, throwing, catching and stopping. They practise the thinking skills of reflection, planning and problem solving and they are helped to develop their own self-confidence and learn how to be cooperative and supportive with other JOLFer's.

The JOLFer's experience - Everything which JOLF does is there to make sure that the child's experience is what it should be. This means that every game, challenge or task, every session, every experience day and competition is designed so that each JOLFer is engaged, enjoys the experience and wants to keep coming back for more.

Unique pathways - JOLF ensures that the pathway a child takes through the JOLF programme is the best possible route for that child. JOLF is designed so that children learn at their own pace and develop along their own individual pathways. The programme fits the child rather than the child being made to fit the programme. This means that JOLF welcomes children who want to play golf as part of a wide sports programme, those who want golf as their main sporting activity, those whose ambition is to become dedicated elite players, and those who are really not sure what they want to do, but know that they enjoy being with friends and playing golf.

JOLF's games-based coaching is a key feature of the JOLF approach is that Mindset, Movement and Golf Skills are learnt through meaningful, enjoyable and motivating challenges and game experiences. The most important of these games is playing golf on a JOLF Course. Games are also set up on the driving range, on a school field or on and around the putting green. The JOLFer's focus is on the game and not on any particular discrete aspect of technique (e.g. grip, stance, posture). However every game requires the use of strategies and golf skills and these tactics, techniques and skills are coached in the context of the games.

JOLF games on the driving range, school field, and on and around the putting green replicate the kinds of situations and challenges JOLFers encounter on the course. They have landing zones to hit, obstacles to go over, and awkward lies to cope with. Playing these games requires children to make the same choices of stance, club and shots, which are needed in the game of golf.

Games are challenging and need thought and effort. This is what makes them interesting and always fun to do.

JOLF's games-based coaching and technique. JOLF does not normally make a particular technique or skill the focus of a session. However, helping children develop a wide variety of skills and sound golf techniques is an integral part of JOLF's games-based approach. These are coached when the coach feels it is the right moment for an individual JOLFer or when a child asks because he/she realises there is a need to learn a particular skill or technique to successfully complete a game. The coach then seizes this golden opportunity to coach the child at the exact moment when he/she understands the need for a technique and wants to learn it. This is individual coaching in a games-based setting.

Many JOLF games take place on JOLF Courses. JOLF Courses are very important in JOLF. A JOLF Course is shortened to be appropriate to the size, strength and technical skills of the JOLFer. Every child should be able to reach the green on a par 5 in three shots, a par 4 in two shots and a par 3 in one shot. As children get bigger, stronger and more skilful, they play on longer JOLF Courses. JOLFers play on JOLF Courses without handicaps.

