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A Retrospective Coach Portfolio – Gregor Brodie My Level Four Journey

Run time 33 minutes

This instructional video covers:

- Gregor's initial beliefs on coaching
- His current methodologies
- What attributed should a level 4 coach possess
- Cultural considerations
- Coaching the leisure golfer
- Coaching the performance golfer
- The complexity of the golfer
- Movement and cognitive science
- Cutting edge techniques
- A holistic approach to coaching
- Junior development
- Reflections
- Academia

