

Matt has a PhD in Sport and Exercise Sciences from the University of Birmingham and has been working in golf coach education and player development since 2003. During this time he has travelled the globe lecturing and running workshops for both coaches and players seeking to improve their own performance.

Matt Bridge Golf is a synthesis of the knowledge and experience that Matt has gained over the past decade working in golf and other sporting arenas. It is a consultancy works with players and coaches to develop their performance at all levels of the game. Our philosophy is one of continual development seeking to remove boundaries to performance allowing a player or coach to reach their full potential.

