

Jon graduated from the University of Brighton with a BSc in Sport and Exercise Science in 1999 and then went to study at St Georges Hospital Medical School where he graduated in 2003 with a BSc in Physiotherapy. He spent 5 years working in the NHS and subsequently in private practice. He worked for a number of sports teams from amateur to international level from rugby and football to lacrosse and athletics. Jon is registered with the HPC (65726), CSP (69734) and the AACP.

Dave graduated from Birmingham University with a degree in Sports and Exercise Science and then went to Queen Margarets University College in Edinburgh, graduating in 2002 with an MSc in Physiotherapy. He has also worked in the NHS and the private sector, helping with the England Lacrosse team and the Scottish FA, among other sports groups and teams. Dave is registered with the HPC (64247), CSP (72315) and the AACP.