

## Questions to Ask Yourself

- Do you want to be better at golf?
- Do you want to break 90, 85, 80, 75 or par every time you play?
- Do you want to hit the ball further and more often?
- Are you tired of endless practice and countless lessons without seeing improvement?
- Do you feel lost and helpless with your golf development?
- Do you have real answers to why you move the way you do and play the way you play?
- Do you know your unique golf DNA?
- Do you want to master this game?
- Are you on a journey of mastery, discovery?
- Does your golf coach guide you through the learning process and allow you time to explore or does s/he just tell you what to do?
- Do you make change based on aesthetics or function?
- Do you practice to make yourself more skilled?
- Do you want to play the wonderful game of golf?
- Do you want to get more enjoyment from your game?
- Do you want to understand how you learn best?
- Do you want to know how your body affects your golf?
- Do you own your game?
- Do you understand your movement and how it effects your club delivery?
- Do you want to become a master of the short game?
- Are you in control of how the ball flies?
- Do you try to develop skill or a perfect technique?
- Is there a perfect technique, or does everyone have their own unique movement solution?
- Do you want true answers to your game?
- Do you have any data on your game?
- Do you practice and play with purpose?
- Are you an explorer?
- Does your golf future excite you?
- Are you using the equipment that best suits your game?
- Are you using the golf ball that facilitates your best performance?
- What are your concepts about the game of golf?
- Do you improve with every practice session?